

VOLUNTEERS

Volunteers are an essential part of this program.

We have a variety of roles involving offering friendship and practical assistance to those socially isolated.

If you have some spare time and feel you would like to make a difference in someone's life please give us a ring on **6628 0265** and enquire.

We would love to hear from you!

**Coordinator:
Sheila Pring**

Lismore Social Support Program is situated at:
37 Converys Lane
Wollongbar 2477

Ph: **6628 0265**

Fax: **6628 6973**

Email:

sheila@nrct.org

Postal Address:

P.O.1788
Lismore NSW 2480

**Funded by
Dept of Ageing Disability
& Homecare
Under the auspice of
Northern Rivers
Community Transport**



Lismore Social Support Program

**A flexible program
designed to enhance
the quality of life
for socially isolated**

***Aged People**

***People with Disabilities**

***Carers of Both**

Ph: 6628 0265

ABOUT THE SERVICE

*Clients must be living in the Lismore district

*All services are provided by volunteers

*Clients are asked for a contribution

WHO IS ELIGIBLE FOR THIS SERVICE?

***Over 65 & socially isolated**

***Living with a disability & socially isolated**

***Frail & needing support to remain independent**

***Caring for someone in their own home**

SERVICES WE OFFER

LSSP provides a range of

***Home visits**

***Social outings**

***Companionship**

E.g.

A cuppa and a chat

Help write a letter

Transport and assistance with shopping

Assistance for carers

Brief time-out for carers

WE ARE UNABLE TO

Provide housekeeping

Provide personal care

Provide lawn mowing

WHO CAN REFER SOMEONE TO US?

- A family member
- Your doctor
- A welfare group
- Yourself

WHAT HAPPENS NEXT?

Ring the Coordinator on **6628 0265** and she will make an appointment to visit you to have a chat to see if you are eligible for our service.

This is when you can tell us your needs and find out what we can offer you.